

balancenooosa

● massage

● beauty

● fitness

wellness comes to you

Ph: 0408 003 199

● massage

- Deep Tissue
- Remedial
- Sports
- Relaxation
- Pregnancy
- Couples
- Corporate 'De-stress at your desk'

● 30 minute*	\$70
● 60 minute	\$95
● 90 minute	\$125
● Couples massages...	
2 x 60 minute with 2 specialists	\$190
2 x 90 minute with 2 specialists	\$250

● beauty

Facials & Body Buffs

● 30 minute Mini Facial*	\$70
● 60 minute Luxurious Facial	\$125
● 30 minute ~ Body Buff*	\$70
● 60 minute ~ Body Buff & massage	\$125

Hand & Foot Pampering

● 30 minute Reflexology*	\$70
● 60 minute Reflexology	\$ 95
● 30 minute Mini Manicure*	\$60
● 60 minute Luxurious Manicure	\$80
● 30 minute Mini Pedicure*	\$70
● 60 minute Luxurious Pedicure	\$95
● File and Polish*	\$25
● French Polish*	\$35
● Gel – Clear*	\$70
● Gel – French or Color*	\$80
● Gel Soak off *	\$25

Waxing

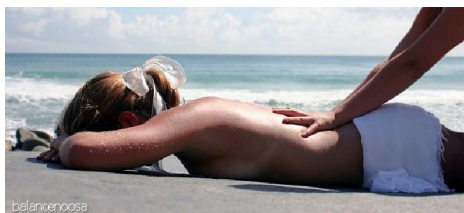
● 1/2 Leg*	\$35
● Full Leg*	\$55
● Bikini*	\$25
● 1/2 Leg & Bikini*	\$55
● Full Leg & Bikini*	\$70
● Under Arm*	\$25
● Eye Brow Shape*	\$25
● Lip or Chin*	\$20
● Full Face* (eye brow, lip, chin)*	\$55

Spray Tanning

● Full Body*	\$60
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Tinting

● Eye Brow*	\$20
● Eye Lash*	\$25
● Brow & Lash*	\$40



** These Services only available with other beauty or group bookings (min charge \$95)
Deposit required to confirm group bookings



Makeup

● Weddings	● Formals	● Just Because
● Traditional		\$85
● Air Brushing		\$115
● All Traditional Trials		\$85
● All Air Brush Trials		\$115

Hair

● Weddings	● Formals	● Just Because
● Long Hair Style		\$105
● Short Hair Style		\$60
● Long Hair Trial		\$105
● Short Hair Trial		\$60

● fitness

● Pilates	● Yoga	● Personal Training
● 60 minute		\$95
● 90 minutes		\$125

One on one or group fitness sessions
Price includes up to 3 people
bring your Partner or a friend
extra people add another \$25 per person

To book your balancenooosa sessions:

Phone - 0408 003 199 or email - bookings@balancenooosa.com.au

+ Download your gift vouchers online in seconds www.balancenooosa.com.au



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● Couples Packages ●

Couples Massage

- Couples Massage =
- 2 x 60 minute with 2 specialists \$190
- 2 x 90 minute with 2 specialists \$250

Couples Rejuvenation Package

- 2 x 60 min Luxurious Massage +
- 2 x 60 min Signature Facial \$440

Couples Mini Rejuvenation

- 2 x 30 min Luxurious Massage +
- 2 x 30 min Signature Facial \$280

Couples Wellness

- 2 x 60 minute massage
- with 2 x massage specialists +
- Choose from 60 minutes of...
 - Pilates or... ● Yoga or...
 - Personal Training or...
 - Guided National Park Walk \$285

Couples Ultimate Extras + Gourmet Dinner

- 2 x 30 minute Manicure +
- 2 x 30 minute Pedicure +
- 2 x 60 minute Facials +
- 2 x 60 minute Massages +
- Dinner for Two ~ \$1050

Your own chef will prepare a gourmet Dinner – from our select menu



● balancenooosa other Packages ●

Rejuvenation Package

- 60 minute Luxurious Massage +
- 60 minute Signature Facial \$220

Mini Rejuvenation Package

- 30 minute Mini Massage +
- 30 minute Mini Facial \$140

Hand & Foot Treat

- 60 minute Luxurious Manicure +
- 60 minute Luxurious Pedicure \$175

Mini Hand & Foot Treat

- 30 minute Mini Manicure +
- 30 minute Mini Pedicure \$130

Deluxe Pamper Package

- 60 minute French Tip Manicure +
- 60 minute French Tip Pedicure +
- 30 minute Body Buff or massage +
- Full Body Spray Tan \$305

Deluxe minus spray tan

\$245

Mini Pamper Package

- 30 minute Manicure +
- 30 minute Pedicure +
- 30 minute Body Buff or massage +
- Full Body Spray Tan \$260

Mini Pamper minus spray tan

\$200

Long Hair & Makeup

- Makeup +
- Long Hair Style \$190
- Long Hair & Makeup with Trial \$380

Short Hair & Makeup

- Makeup +
- Short Hair Style \$145
- Short Hair & Makeup with Trial \$290

ReNu You Package

- 60 minute massage +
- 60 minute Signature Facial +
- Choose from 60 minutes of...
 - Pilates or... ● Yoga or...
 - Personal Training or...
 - Guided National Park Walk \$315

Ultimate Bliss Package

- 30 minute Manicure +
- 30 minute Pedicure +
- 60 minute Signature Facial +
- 60 minute Luxurious Massage \$350

Look Good Feel Great Wellness Package

- 10 Private Fitness or Massage Sessions
- Choose from any or a mixture of...
 - 60 minutes of...
 - Pilates or... ● Yoga or...
 - Personal Training or...
 - Guided National Park Walk or...
 - Massage \$850



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Sessions available for any occasion

- Weddings
- Formals
- Hens Parties
- Honeymoons
- Paper Parties
- Corporate Events
- Executive Time Out
- Just because you can
- Gifts (Weddings, Birthdays...)



Booking Information

Public Holidays

- 10% surcharge extra for each service

Distance Surcharge

- For Appointments outside the Metropolitan Area

Cancellations

- If cancellation is less than 8 hours a 50% of the session fee will be charged and 100% of fee if less than two hours notice

Bookings

- Call or email us today to arrange arrange your personalised balance sessions

● Phone 0408 003199

● bookings@balancenooosa.com.au



Gift Vouchers

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